



Training Resources Guide for Peer Support Professionals



ACBHC Peer Support Program
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Introduction

The Training Resource Manual is designed to assist Peer Support Professions in locating Required and Elective Training required to successfully get certification. The Required and Elective Training are outlined in the matrices on the Peer Support Website.

If you have any question, you may email peer.support@akcertification.org or by calling 907-339-8006.

Required Training

Peer Support Training

Peer Support Training - 40 hours

The training is a self-directed and live training. Participants must complete a 6-hour on-line class. They will attend 34 hours of live training. State approved.

Alaska Behavioral Health
<https://alaskabehavioralhealth.org>

Peer Support Training - 40 hours

The Transformational Peer Supports curriculum is an experiential training experience where participants learn the skills and knowledge needed to be an effective peer support specialist. State approved.

Renew Counseling and Consulting
Renewcounselinngc@gmail.com

Peer Support Training - 40 hours

Natural Peer Support Training
Learn Peer Support as a discipline with unique Skills, and best practices in alignment with SAMHSA's Peer Support Core Competencies. State approved.

Ionia
naturalpeersupport.org

Peer Support Training - 40 Hours

Alaska Therapeutic Court Alumni Peer Support Specialist Training is a 40-hour training provided over the course of 5 days by experienced peers and it is designed with instruction, education and shared lived experience to provide you with the best tools and to sharpen your skills. The goal of this training is to enable you to be eligible for state certification and employable as a peer support specialist in the fields of substance use and behavioral health treatment. State approved.

Partners for Progress
www.partnersforprogressak.org

Ethics

Ethics and Boundaries - 4 hours

This training is designed with a residential direct service provider in mind and addresses professional ethical behavior.

Alaska Training Cooperative
<https://aktclms.org>

NAADAC's On-Demand Ethical and Professional Issues in Addiction Counseling - 6 hours
Three-part webinar series.

Alaska Training Cooperative
<https://aktclms.org>

Ethics Course - 6 Hours
This course will assist students in understanding the ethical obligations of a professional in relation to the NAADAC Code of Ethic

RADACT
www.radact.com

Ethics - 1.5 Hours
This webinar will help professionals clarify roles, Identify personal triggers, and reduce vulnerabilities.

NAADAC
<https://www.naadac.org>

Professional Ethics for Substance Use Disorder Counselors - 1.5 Hours
The course is intended for anyone wanting to learn more ethical standards of SUD field.

RELIAS
www.relias.com

Infectious Diseases HIV/AIDS

Infectious Diseases HIV/AIDS -1.5-6 Hours
A three-part webinar series that has been made available as an anytime training.

Alaska Training Cooperative
<https://aktclms.org>

Infectious Diseases HIV/AIDS - 8 Hours
This course focuses on hepatitis, sexually transmitted diseases, TB, HIV, and other infectious diseases that might impact clients receiving services.

RADACT
www.radact.com

HIV and Bloodborne Pathogens - 1.5hours
This webinar will define key terms used when discussing bloodborne pathogens most implicated with substance use disorders, and discuss infection and containment.

NAADAC
<https://www.naadac.org>

Confidentiality

Confidentiality - 3 hours
This course will provide information on the Federal requirements of 42 CFR part 2 and HIPAA regarding client confidentiality and protection of client information in behavioral health counseling.

RADACT
www.radact.com

Confidentiality - 6 Hours

This course will provide an overview of the federal confidentiality regulations HIPPA and the implications for behavioral health programs.

RADACT

www.radact.com

Other Elective Training Options

Recovery Principles

Recovery, Health, and Wellness - 8 Hours

Trainees will review and add to foundation and practice information regarding health, wellness and balance

RADACT

www.radact.com

The Goal is Recovery - 4 Hours

Concept of Recovery, explores how recovery is be used in current practice and glimpse of future

Academy of Peer Services

<https://www.academyofpeerservices.org>

Communication Skills

Essential Communication Skills - 6 Hours

Active Listening and Reflective Responding

Academy of Peer Services

<https://www.academyofpeerservices.org>

Documentation

Documentation - 4 Hours

Concepts cover all levels of treatment

RADACT

www.radact.com

The Progress Note 1.5 Hours

Increase understanding of legal, ethical and liability-related factors in clinical documentation

NAADAC

<https://www.naadac.org>

Documentation for Peer Support Services - 4hours

This course introduces you to common documents used when delivering peer service.

Academy of Peer Services

<https://www.academyofpeerservices.org>

Documentation - 4 Hours

Concepts cover all levels of treatment

RADACT

www.radact.com

Peers in Criminal Justice

Peer Support in Criminal Justice Settings - 4 hours

Learn about the prevalence of people with mental illness in the criminal justice system, the laws and ways to give peer support to people in the justice system.

Academy of Peer Services

<https://www.academyofpeerservices.org>

Substance Abuse Providers Working with Justice-Involved Individuals in Alaska - 6 Hours
Training for substance abuse treatment professionals working with the justice system in Alaska

Alaska Training Cooperative
<https://aktclms.org>

Suicide Prevention

Substance Use Disorders and Suicide: Addressing A Co-occurring Epidemic - 2 Hours
This training will explore the link between substance use and suicide.

NAADAC
<https://www.naadac.org>

Suicide Prevention - 2 Hours
Suicide: Peer to Peer Conversation
Conversation about suicide and strategies or Actions for improving wellness

Academy of Peer Services
<https://www.academyofpeerservices.org>

Preventing & Responding to Suicide in American Indian/Alaska Native Communities - 2 Hours
learn about suicide clusters and responses in tribal communities, identify strength-based approaches to prevent, respond and recovery.

CE4less
<https://ce4less.com>

Suicide-Specific Interventions and Best Practices - 1.5 Hours
This course covers suicide-specific interventions with adults.

Relias
www.relias.com

Harm Reduction

Implementing Harm Reduction - 1 Hour
The training will focus on the impact of staff attitudes regarding harm reduction.

NAADAC
<https://www.naadac.org>

Harm Reduction - 4 Hours
Harm reduction principles

Academy of Peer Services
<https://www.academyofpeerservices.org>

Crisis Support

Suicide Prevention: Crisis Response Planning For Suicidal Patients - 1 Hours
participants will learn about the youth suicide prevalence and implications to schools.

Alaska Training Institution
<https://aktclms.org>

Crisis Management - 1.5
You will learn how to create a crisis prevention plan, along with how to use it with clients

Relias
www.relias.com

Crisis Intervention - 8 Hours

This course will provide the foundational and practice information on general crisis events.

RADACT

www.radact.com

Cultural Competency

Traditional Health Based Practices-8 Hours

Participants are provided with foundational information on traditional lifestyles and health practices of people living in Alaska prior to Western contact.

Alaska Training Cooperative

<https://aktclms.org>

Improving Cultural Competency for Behavioral Professionals - 5 Hours

The goal of the training is to help professionals increase their cultural and linguistic competency.

Alaska Training Cooperative

<https://aktclms.org>

Working with Diverse Populations-16 Hours

Working with different populations and alcohol and psychiatric problems

RADACT

www.radact.com

Case Studies/Culturally Based Issues I -8 Hours

Discussion and evaluate how traditional lifestyles and health practices impact the Alaska Native Community

RADACT

www.radact.com

Cultural Competence for Peer Providers -3 Hours

Responding in ways that honor culture

Academy of Peer Services

www.academyofpeerservices.org

Trauma Informed Care

Trauma-informed Care for the Frontlines -2 Hours

The training explores how a Trauma-Informed Care approach can support the work of Frontline Worker across Alaska.

Alaska Training Cooperative

<https://aktclms.org>

Trauma-Informed Peer Support - 5 hours

Analyze principles of trauma-informed practices and their application

Academy of Peer Services

www.academyofpeerservices.org

Introduction to Trauma-Informed Care - 1.7 Hours

Training designed for behavioral healthcare professionals who interact with individuals experiencing basic to intermediate levels of trauma

RELIAS

www.relias.com

Trauma-informed Care: Clinicians/Peer Support Specialists - 1.5

You will examine the core competencies of a trauma-informed practitioner and what principles across all stages of treatment.

RELIAS

www.relias.com

Recovery Action Planning

Action Planning for Prevention and And Recovery - 4 Hours

Overview of self-help plans

Academy of Peer Services

www.academyofpeerservices.org

Doing With, Not Doing For - 1.5 Hours

For the planning process to be truly person centered, it is critical to keep the focus on the person.

Alaska Training Cooperative

<https://aktckms.org>

Wellness Health Management

Recovery Health Wellness

this course provides practical tools to manage high stress work differently to minimize risk of harm to one's self.

RADACT

www.radact.com

Whole Family Health and Well Being - 1.5 Hours

Educating families on mental health and whole family health and wellness

Academy of Peer Services

www.academyofpeerservices.org

Self-Care for Peer Providers - 4 Hours

An array of resources and skills peer providers can use to assess, develop, and deepen their own self-care.

Academy of Peer Services

www.academyofpeerservices.org

Work Life Balance

A lack of work/Life balance resulting in job dissatisfaction or Burnout. Restore balance

RELIAS

www.relias.com

Stress Management

Assess your own stress level and develop a personal stress management plan

RELIAS

www.relias.com

Stress Management in Recovery - 20 Hours

1. Understand how stress contributes to addiction and recovery 2. Understand how handling stressors Is a key component of recovery from any addiction

CEU University

admin@ceuuniversity.com

3. Identify how coping with stress is an intervention in the lapse/relapse process.

Motivational Interviewing (MI)

Introduction to Motivational Interviewing - 2 Hours

Participants will integrate OARS in their work To motivate clients toward behavior change.

Alaska Training Cooperative
<https://aktclms.org>

Motivational Interviewing - 1.75 Hours

This course is designed to learn about MI for first time or to reinforce your knowledge of MI.

RELIAS
www.relias.com

Motivational Interviewing - 3 Hour

Motivational Interviewing is process where both service provider and peer work together on an issue the peer is experiencing.

Academy of Peer Services
www.academyofpeerservices.org

Recovery Capital

Resilience and Wellness - 10 Hours

This two-part training will explore strategies for Building up our resilience as we manage challenges.

Alaska Training Cooperative
<https://aktclms.org>

Using Recovery-Oriented Principles in Addiction Counseling Practice - 2 Hours

Participants will be able each define guiding principle of recovery and how each principle incorporates into addiction practice.

NAADAC
<https://www.naadac.org>

Exploring Techniques to Support Long-Term Addiction Recovery - 2 Hours

The presenter will explore specific post treatment support skills and techniques used to help guide the individual into long-term recovery.

NAADAC
<https://www.naadac.org>

Recovery Advocacy

Advocacy Series, Session I to IV - 1.5 Hours each
I. Shaping Policy and Practice, II Updates SUD funding, III Bolstering the Addiction Workforce IV Confidentiality, V Advocacy

NAADAC
<https://www.naadac.org>

Importance of Advocacy/Advocacy Org. - 2 Hours
You will examine the importance of advocacy and

Academy of Peer Services
www.academyofpeerservices.org

Explore techniques to develop access resources.

Cultivating Greater Meaning/Purpose to Prevent Relapse - 1 Hour

NAADAC

<https://www.naadac.org>

Presentation will walk participants through a Process of uncovering their purpose, meaning and fulfillment.

Client Rights/ADA

Ethics, Cultural Competence and Client Rights
Examine ethical and legal standards in counseling.
Discuss client rights. Improve cultural competence.

AIICEUs

<https://www.alceus.com>

Introduction to MH (MH First Aid)

Mental Health First Aid - 8 Hours

RELIAS

An 8-hour course that teach you how to identify, understand and respond to signs of mental illness and substance use disorders.

www.relias.com

Mental Health Basics - 4 Hours

Alaska Training Cooperative

This course provides an overview of major mental health diagnoses, symptoms, and associated pharmacology.

<https://aktclms.org>

*Psychological First Aid During COVID-19
1.5 Hours*

NAADAC

<https://www.naadac.org>

Counselors are tasked managing the clinical needs Of patients during this crisis.

Introduction to SUD

Introduction to Addictive Behavior- 8 Hours
Overview of the problems and consequences of Substance abuse

RADACT

www.radact.com

The Substance Use Professional of the 2020s
Review new advances in substance use and addiction treatment.

RELIAS

www.relias.com

*Substance Use and Addiction Disorders,
Part 1 & 2 - 3 Hours*

CE4less

<https://ce4less.com/onlineceus>

Identify common characteristics of substance use.
Explain the concept of cross addiction. Describe the relationship between substance use and mental illness.

More Training Options

There are several organizations that provide CEU training that have not been listed above. Some of them include the following organization. The ACBHC Peer Support Program will consider other CEU courses related to the required and elective training requirements.

1. **RADACT**

<https://www.radact.com>

RADACT strives to increase the educational level of individuals entering or working in the behavioral health counseling field by providing courses to meet various degrees of experiences and expertise.

2. **Alaska Training Cooperative**

<https://aktclms.org>

The Alaska Training Cooperative has a web-based catalog of both face-to-face and distance training opportunities in Alaska.

3. **NCPRSS Certification**

<https://www.naadac.org/NCPRSS>

NCPRSS offers over 145 free CE webinars to assist in renewing your professional license or certification. Educational credits are FREE for NAADAC members.

4. **Alaska Training Institution**

<https://www.naa.org/alaska-training-institute>

The Alaska Training Institution provides free or cost-effective training in topics that assist in renewing your professional license or certification.

5. **McShin**

<https://mcshin.org>

The McShin offers free Peer Recovery Specialist Training in Virginia and works with organizations to provide training.

6. **Learning Community**

<https://www.mylearningcommunity.com>

The Learning Community is a web-based learning and content management system for ongoing accreditation and regulatory training.

7. **Relias**

<https://www.relias.com>

Relias provides over 5,000 CE and CME courses that meet the needs of licensing and certification.

8. **Academy of Peer Services (NY)**

<https://www.adademyofpeerservices.org>

The Academy of Peer Services is an online, on-demand, self-directed training and testing website offering a wide range of interactive multimedia courses for those seeking certification as peer specialists. Enrollment is free and open to all.

9. **Quantum Units Education**

<https://quantumunitsed.com/ceus>

Quantum Units Education offers over 500 CE courses for license and certified professionals at an affordable cost.

10. **AllCEUs**

<https://www.alceus.com>

AllCEUs is an approved continuing education and training provider. Over 300 counseling CEU courses are offered online.

11. **ce4Less**

<https://ce4less.com/onlineceus>

CE4less offers over 700 CEUs at affordable prices to meet the needs of professional licensing and certifying.

12. **aaaceus**

<http://www.aaaceus.com>

AAACEUs provides online continuing education for professionals with over 100 courses to meet the needs of licensing and certification.

13. **RI International Peer Employment Training**

<https://rinternational.com/our-services/arezona/peer-training-employment>

Peer Employment Training is a 76-hour educational course designed to prepare students for peer employment opportunities in the workforce.

14. **American Counseling Association**

<https://aca.digitellinc.com>

Site provides several continuing education trainings just for counselors.